

## Skill Assessment for 3.5 Players

Name: \_\_\_\_\_ Self-Rating: \_\_\_\_\_ Date: \_\_\_\_\_  
 Email: \_\_\_\_\_ Cell Phone: \_\_\_\_\_ #Games Observed: \_\_\_\_\_

Weather Conditions: \_\_\_\_\_

### To be filled out by the Rating

**Team: 3.5 Skill Level – should ALSO possess most/all 3.0 Skills**

Skill Testing Requirement:	Requirement	# Achieved
<b>Serves (Ball lands in the back half of opponent's court)</b>		
Deuce Court	4/5	
Ad Court	4/5	
<b>Serve Return Requirement (Ball lands in the back half of opponent's court)</b>		
Deuce Court	4/5	
Ad Court	4/5	
<b>Dinks</b>		
windshield wiper dinks	14/20	
<b>3rd shot drop from transition area (middle of the court)</b>		
Forehand down the line	8/10	
Forehand cross court	8/10	
Backhand down the line	8/10	
Backhand cross court	8/10	
<b>3rd shot drop from baseline</b>		
Forehand down the line	3/5	
Backhand down the line	3/5	
<b>Overheads</b>	3/5	
<b>Offensive lobs from the NVZ line</b>	3/5	
<b>Volleys (Ball lands in the back half of opponent's court)</b>		
Forehand Punch Volley with directional & depth control	7/10	
Backhand Punch Volley with directional & depth control	7/10	
Balls must land in the back half of the opponent's court when the feeder is simulating an opponent at the baseline. Balls must land at the feet of the feeder when he's standing at the NVZ simulating an opponent who is dinking (balls landing a foot behind the NVZ are given credit)		

Play Assessment Requirements:	Assessment Score			
	0	1	2	3
Knows all the main rules including how to correct the score and correct server				
Demonstrates control/consistency on forehand groundstrokes (direction, depth, and				
Demonstrates control/consistency on backhand groundstrokes (direction, depth, and				
Placing serves deep into the court				
Uses deeper and higher returns of serve to approach the net quicker				
Quickly approaches the non-volley line				
Able to play with partners effectively using court strategies like partner communication, and changing a losing game				
Avoids hitting out balls				
Consistently returning lower balls over the net				
Demonstrates a wide variety of shots with some consistency				
Uses slower paced shots vs faster paced shots to their advantage				
Able to create coverage gaps and then hit to these gaps				
Sustains a short volley session at the net with some placement and control				
Initiates and maintains a sustained dink exchange at the net				
Utilizes a slow-paced ball (soft shot) to approach the net (3 <sup>rd</sup> shot)				
Able to adjust to differing ball speeds consistently				
Hits overheads with control				
Uses a forehand and backhand lob when appropriate				
Developing patience during rallies				
Has good mobility *				
Has good quickness *				
Has good hand-eye coordination *				

\* Service and non volley zone foot faults will be monitored during skill testing and play assessments.

\* If a person cannot move quickly enough due to physical restrictions, then the rating will be reduced according to the physical limitations as related to playing the game.

**Ledger:** 0 = not observed or not able to execute, 1 = attempted but poorly executed/needs work  
2 =good basic form/needs work, 3 = solid, consistent performance

Rater's Sign: \_\_\_\_\_ Actual Skill Level: \_\_\_\_\_ Player's Sign: \_\_\_\_\_